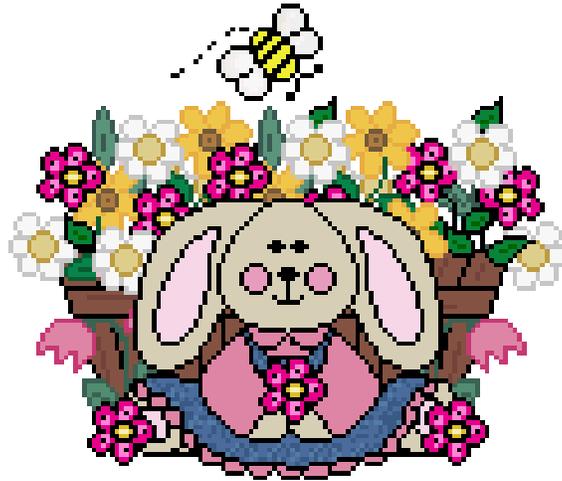


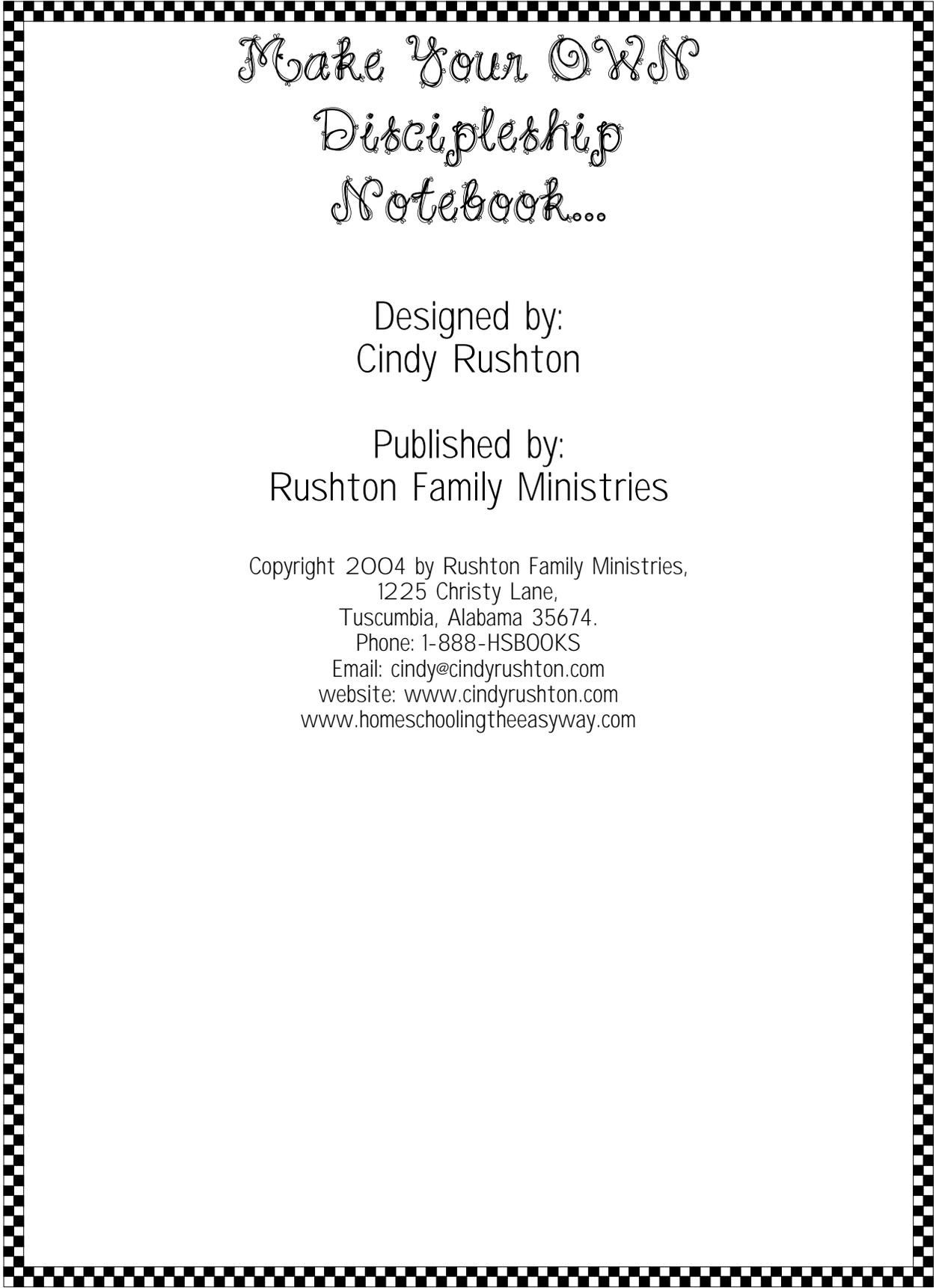
Make Your Own...



Discipleship Notebook

A Journal Designed JUST To Help You Draw
Close To The Lord
EVERY Day!

Designed by Cindy Rushton
and YOU!



Make Your OWN
Discipleship
Notebook...

Designed by:
Cindy Rushton

Published by:
Rushton Family Ministries

Copyright 2004 by Rushton Family Ministries,
1225 Christy Lane,
Tuscumbia, Alabama 35674.
Phone: 1-888-HSBOOKS
Email: cindy@cindyrushton.com
website: www.cindyrushton.com
www.homeschoolingtheeasyway.com

In Loving Dedication...

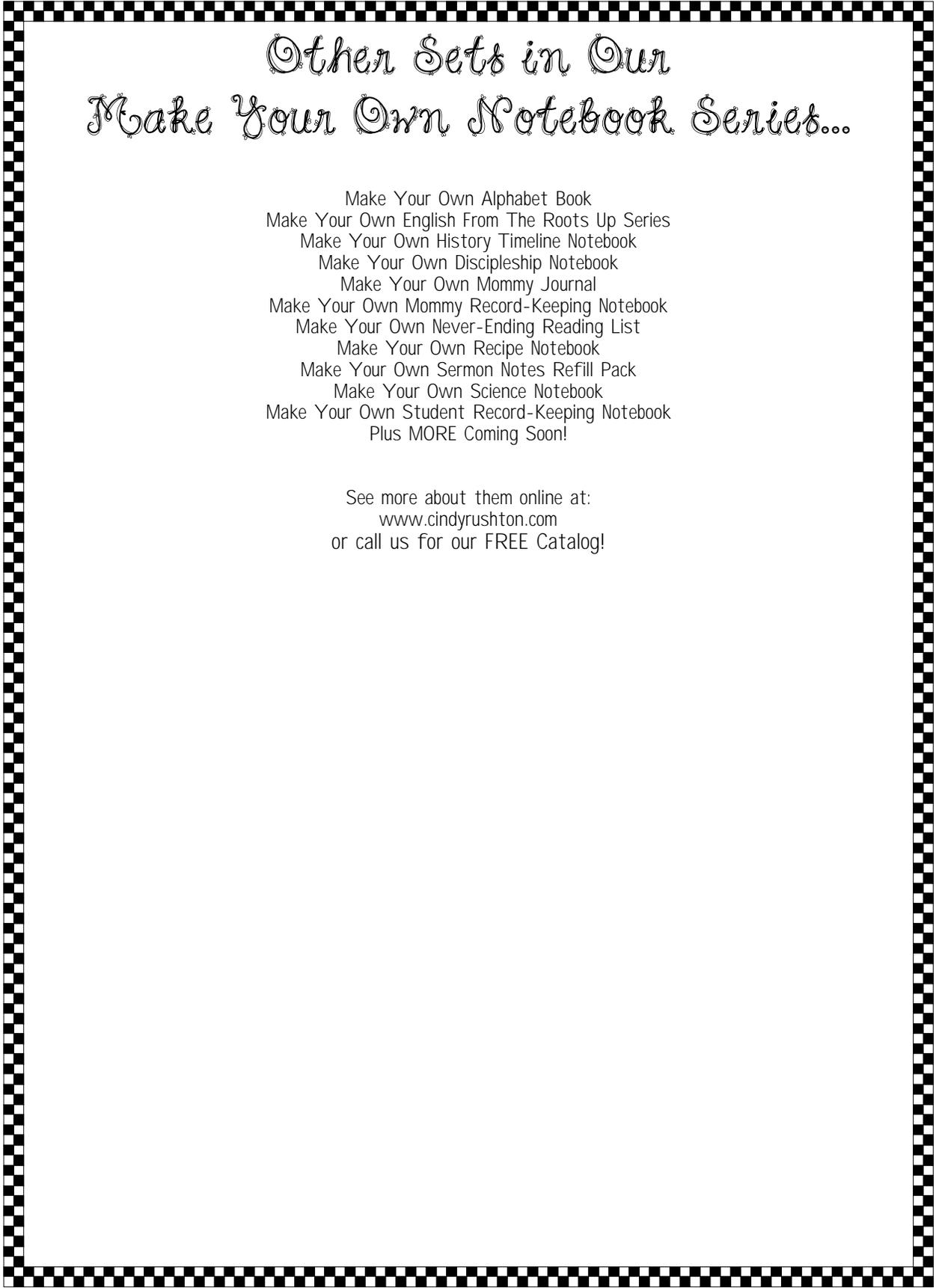
To Matthew and Elisabeth—this whole series would not even exist if it were not for both of you! THANKS for sharing my passion for the Word of God. Nothing is more precious than seeing you two dig into the very Bread of Life!

To those who have so lovingly discipled me along the way! I thank you for blazing the path before me!

To those of you who will use this resource in your home. Thanks for allowing me to join you in your journey!

Stepping Heavenward!

Cindy Rushton



Other Sets in Our Make Your Own Notebook Series...

Make Your Own Alphabet Book
Make Your Own English From The Roots Up Series
Make Your Own History Timeline Notebook
Make Your Own Discipleship Notebook
Make Your Own Mommy Journal
Make Your Own Mommy Record-Keeping Notebook
Make Your Own Never-Ending Reading List
Make Your Own Recipe Notebook
Make Your Own Sermon Notes Refill Pack
Make Your Own Science Notebook
Make Your Own Student Record-Keeping Notebook
Plus MORE Coming Soon!

See more about them online at:
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or call us for our FREE Catalog!

Make Your OWN Discipleship Notebook...



Welcome! We are pleased to provide for you ready-to-use Discipleship Journal. Just as many of you, we have searched "high and low" for the perfect resource to walk in this spiritual journey with us. Our search led us to develop this journal to fit our own family. As we have developed this idea to fit our family, the outcry has been tremendous for journals and packets, complete and ready-to-use for other busy families. I believe that you will find this resource to one of your favorites as it makes quiet times, church note-taking, Bible study, and even homeschooling much, much EASIER for you!

Keep in mind that this set is different from many of the other *Make Your Own Series* sets. This set includes pages that you may reproduce and adapt to fit your own needs. Most of our sets include ready-to-use pages. This set includes *only the masters*, requiring that you make copies in order to create your own Notebook. We chose this format because we know that this you will want to make your notebook completely individual. You probably have many ideas of what you want already. If you don't see a page just like what you prefer, it is perfectly ok to add your pages to these to make your notebook perfect! Of course, we have included our favorite printable pages just in case you have no idea where to begin!

The following are some quick tips to get your notebooks ready to go. We pray that you find this easy and fun!

The Rushtons

What You Need To Begin...

(Keep in mind that these instructions are written for those of you who choose our packets too...if you have the journal version, you are ready to go!)

All you need to make your own are using these reproducibles is a **3-ring binder**, **plastic sheet protectors**, and **copies of the pages in the formats you prefer**.

Begin With ONE Notebook Per Student...

Yep! It is this easy! Begin with just ONE notebook per student. You are welcome to reproduce these originals FOR YOUR OWN FAMILY. Please honor our work by not sharing with a friend without our permission. (This book is copyrighted.)

Our favorite notebooks are the **3-ring vinyl notebooks** that have the clear pockets on the outside so you can design your own covers. We usually choose the white notebooks (Either 2 or 3 inches thick notebooks.) and fill it full of plastic sheet protectors. We copy enough pages for the whole year. Then, all we have to do to use our notebook is grab our sheets, use them, and slip the pages in a plastic sheet protector. We add our work to our notebook each day.

Simply order your pages to fit your needs. We suggest that all pages be slid into plastic sheet protectors and kept in 3-ring binders in order to remain nice and neat. We especially recommend sheet protectors for this notebook since it will be exposed to more elements that could damage the pages. Even the sheet protectors cannot guard against spills, so be very, very careful with your notebooks.

Quick Tips for Making and Using Your Notebook...

1. **Use large 3-ring binders.** They are expandable...and believe it or not, you will NEED to expand in no time at all!
2. **Work as a family!** Let everyone in your family make one too! You will LOVE it!
3. **Have a special spot to keep your binders.** If you want for it to be easy to use your notebooks, be sure that you have easy access to the notebooks and supplies. Plus, IF there is a spot to keep

the notebooks, it will be easier to keep the notebook nice and neat. Ohhhh, and if there is a special spot for the notebooks, you can rest assured that your hard work will be safe from younger siblings and pets.

4. Have fun!

Some Thoughts Along The Way...

You will probably notice that I have included lots of different forms in this set. These are forms that have developed over the years. Some of them are "musts" regardless of what I am studying or how my preacher teaches. Others come and go because they have been designed especially to go along with the style of a particular teacher, preacher or study. I included them because they may be JUST perfect for you. If you don't need them now, save them. You may need them later. If you don't want to keep them, just share them with a friend. I use the sheets that most help me in the season of life that I am in.

You may also notice that if you keep all of your forms in your notebook, you soon will run out of space. For those forms, I store mine away in an inexpensive binder. I found mine at an office supply store. I chose the 3-ring binders that allow for you to design your own cover. I like them because I can easily date the spine and slide them into the shelf for later reference. I keep all of my sermon notes in the binder in sections according to the topic of my pastor's series at that time. It helps SO much to have everything in a specific place. Then, I can find those lessons much easier!

Of course, inevitably you may want to keep everything in one place, in one notebook. That is fine too! The goal with this notebook is to have a time away to hear God and get to KNOW Him better each day. It may seem to be a difficult thing to establish the habit of prayer, Bible Study, Bible Reading, taking notes during church services, etc. But, I have to tell you that the tough days of establishing those spiritual disciplines are WELL worth it!

I got out of the discipline of reading through my Bible each year. Instead, I decided to use my daily Quiet Time for just Bible Study. A while back, I decided that since my current Bible Study didn't take much time each day, that I would begin reading through the Bible each day in addition to my

current Bible Study. I cannot tell you just HOW timely each day's reading has been for me. I think that this is one of those disciplines that we really cannot tell HOW needed it is unless we are not doing it. Of course, just last week I missed a few days (comforted?). I felt parched...dry...starving to death by just the second day. No, we really do not know how much we NEED daily Bible Reading until we become so accustomed to the daily "meal" that we realize when we miss it! I believe that you will find the same thing as you develop each discipline.

Now, one other thought! This resource is meant to be a gentle friend coming along side of you. I hope that as you peruse the different pages, you find that this resource is designed to be a FRIEND, not a taskmaster. Beloved, God wants to spend time with you! He does not want for you to just "do it" as another thing to do. He wants to sit and listen to you. He wants to sit and talk to you.

My prayer as you use this resource is that you will develop a PASSION for God! I pray that when you miss your time with Him, you won't feel guilty... instead I pray that you are just unsatisfied until you get your time with Him. I also pray that if you have no idea where to begin, that this resource will gently take your hand through the journey. So, enjoy! Don't feel like this is yet another thing to feel guilty over! I want for you to USE this notebook! You can pick up at any time. There are no dates to nag you. In fact, you can pick this notebook up at any time to do as MUCH or as LITTLE as you are led by God to do. Feel liberty? Excited? You will love to see what God does in your life! Just wait and see!

Begin With ONE Notebook Per Year...

Yep! It is this easy! Begin with just *ONE notebook*. You are welcome to reproduce these originals FOR YOUR OWN FAMILY. Please honor our work by not sharing with a friend without our permission. (this book is copyrighted) If you need subsequent copies, you can contact our office. We try to keep these sets reasonable in order to bless you and help you to be a good steward of your finances. Subsequent sets are discounted for our loyal customers. Save 20% if you order them directly through our company. Just see us online at www.cindyrushton.com or call us at 1-888-HSBOOKS. Let us know that you

have used our planner and need a refill. Remind the staff about your discount (they cannot ever keep up with all of our offers!).

Also, be sure to check with our offices about other sets that have many more great forms just for you!

Setting Up Your Notebook...

This is where everything gets even more personal. No one will use the same pages. No one will choose the same order. We RECOMMEND that! We want for this journal to be ALL yours! Simply order your pages to fit your needs. We have purposely included extra pages JUST IN CASE there is a mistake or if you need extra copies of certain pages that you like more than others. (Yes, I make mistakes too!)

Ready???

My prayer for you is that this resource will be like a daily retreat for you. I hope that you will take the time to pull aside, hear God, and record your awesome journey in the following pages. It is so very important to WRITE DOWN all that God gives you along the way. Habakkuk 2: 2 says...

"WRITE the vision, and make it plain upon tables, that he may RUN that readeth it. For the vision is yet for an appointed time, but the end it shall speak, and not lie: though it tarry, wait for it: because it will surely come, it will not tarry."

It is VITAL to write down the vision God gives. What a praise report you will have over the years! You will SEE and KNOW that truly there is nothing impossible for God. Plus, you will have a treasure recorded in your journals! Believe it or not, we all WILL forget so much of what God does and teaches to us through the years unless we write it down! We will never be able to remember exactly where we have come from without recording those prayers, goals, and praises along the way. We MIGHT be able to tell what has been accomplished, but it is so much easier to reflect upon what you and your children have accomplished when you look back upon a journal.

Take your time. Enjoy praying and thinking through the questions. Consider this journal to be your friend walking alongside of you as you reflect, retreat, renew, re-organize, re-commit, and get ready for each new day!

So, ready? Let's dig into yet another BIG day!

With Love, Cindy



Make Your Own Discipleship Notebook...

Year: _____ to _____

Belongs To:

My Address:

My Phone:

My Email Address:



"But, you are a chosen race, a royal priesthood, a dedicated nation, [God's] own purchased, special people, that you may set forth the wonderful deeds and display the virtues and perfections of Him Who called you out of darkness into His marvelous light." 1 Peter 2: 9 AMP

My Goals For This Year:



Spiritual Goals:

Academic Goals:

Financial Goals:

Physical Goals:

My Goals For This Year:



Spiritual Goals:

Academic Goals:

Financial Goals:

Physical Goals:

My Personal Goals:



Today:

This Month:

This Year:

Lifetime:

My Personal Goals:



Today:

This Month:

This Year:

Lifetime:

My Personal Goals For This Month:

Discipleship Goals...

My Daily Bible Reading Goal For This Month _____

How Much Do I Need To Read Each Day To Meet My Monthly Goal? _____

My Bible Study Goal For This Month _____

My Bible Memory Goal For This Month _____

My Prayer Goal For This Month _____

My Devotional Reading Goal For This Month _____

Ways That I Can Apply My Church Sermons This Month _____

Ways That I Can I Worship God This Month _____

My Family Goals...

Ways I Would Like To Make Memories This Month _____

Areas That Would Draw Us Closer This Month _____

Daily Plan For Me and My Sweetheart To Pow-Wow _____

Daily Plan To Draw Closer to Each Child _____

Our Family's Greatest Prayer Needs This Month _____

Ways We Can Minister To Others This Month _____

How Did We Do Last Month...



"Ye shall seek Me, and find Me, when ye shall search for Me with all your heart."

Jeremiah 29:13 KJV

My Personal Goals For This Month:

Discipleship Goals...

My Daily Bible Reading Goal For This Month:

How Much Do I Need To Read Each Day To Meet My Monthly Goal?

My Bible Study Goal For This Month:

My Bible Memory Goal For This Month:

My Prayer Goal For This Month:

My Devotional Reading Goal For This Month:

Ways That I Can Apply My Church Sermons This Month:

Ways That I Can I Worship God This Month:

My Family Goals...

Ways I Would Like To Make Memories This Month:

Things That Would Draw Us Closer This Month:

Daily Plan To Draw Closer To My Parents:

Daily Plan To Draw Closer To My Siblings:

Our Family's Greatest Prayer Needs This Month

Ways We Can Minister To Others This Month:

How Did We Do Last Month...



"Ye shall seek Me, and find Me, when ye shall search for Me with all your heart."
Jeremiah 29:13 KJV

Time For Daily Bible Reading!



"He that is well-grounded in it (the Bible) will not generally be found a waverer, and carried about by every wind of doctrine. Any system of training which does not make a knowledge of Scripture the first thing is unsafe and unsound."

John Charles Ryle

Daily Bible Reading is key to discipleship! Nothing else can give us a deep, eternal love of God. Nothing else can give us an understanding of God and His plan for our lives. Nothing else can change our very lives. Nothing else can shed light on our darkest path. Nothing else can protect and fortify us from Satan's attacks. Nothing else can gather and destroy the things of darkness. Nothing else can go deep into our souls to scrutinize the desires and intentions of our hearts showing them to us as God sees them!

Bible Reading has great power! It affects our obedience as God shows His interest in our lives by speaking personally to us. It changes our walk and our lifestyle! As we become acquainted with the truths hidden in the pages of the Bible, those very truths take up residence in our hearts. As we read through the pages of the Bible, we are shown how God has dealt with men and women, much like ourselves, all throughout history regardless of their failures or successes, backgrounds, or even their inability. As a result, we find that we, too, can have a relationship with the God of the entire Universe. We can have a relationship that is personal, intimate, and unconditional!

We hope that the following system will be a blessing to you! We have ON PURPOSE left out "dates" and "deadlines" so you can take your time reading through the Bible at YOUR pace! So, dig in. Enjoy! And... "Till I come, devote yourselves to [public and private] reading, to exhortation (preaching and personal appeals), and to teaching and instilling doctrine." 1 Timothy 4:13 AMP

We hope that the following system will be a blessing to you! We have ON PURPOSE left out "dates" and "deadlines" so you can take your time reading through the Bible at YOUR pace!

All that you have to do is read in your Bible every day. Then, highlight the cubes that represent the chapters that you have read. Want to read through the Bible in a year? All you have to do is read 3 chapters a day. Need a little slower pace? Why not read through the Bible in 3 years? All you have to do is read through 1 chapter per day. Easy? Oh, yes!

Ready? Well, dig in. Enjoy!

"Till I come, devote yourselves to [public and private] reading, to exhortation (preaching and personal appeals), and to teaching and instilling doctrine."

1 Timothy 4:13 AMP

Genesis...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50

Exodus...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	

Leviticus...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27			

"The Lord God has given me the tongue of a disciple and of one who is taught, that I should know how to speak a word in season to him who is weary. He wakens me morning by morning, He wakens my ear to hear as a disciple [as one who is taught]. Isaiah 50: 4 AMP



Numbers...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36				

Deuteronomy...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34						

Joshua...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24						



"Make a joyful noise to the Lord, all you lands! Serve the Lord with gladness! Come before His presence with singing! Know (perceive, recognize, and understand with approval) that the Lord is God! It is He Who has made us, not we ourselves [and we are His]! We are His people and the sheep of His pasture. Enter into His gates with thanksgiving and a thank offering and into His courts with praise! Be thankful and say so to Him, bless and affectionately praise His name! For the Lord is good; His mercy and lovingkindness are everlasting, His faithfulness and truth endure to all generations." Psalm 100 AMP

Sudges...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21									

Ruth...

Color in each cube as you read through the chapter.

1	2	3	4
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1 Samuel...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31									

2 Samuel...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24						



"In the morning You hear my voice, O Lord; in the morning I prepare [a prayer, a sacrifice] for You and watch and wait [for You to speak to my heart.]"

Psalm 5: 3 AMP

1 Kings...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22								

2 Kings...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25					

1 Chronicles...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28		

2 Chronicles...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36				

Ezra...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Nehemiah...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10	11	12	13
---	---	---	---	---	---	---	---	---	----	----	----	----

Esther...

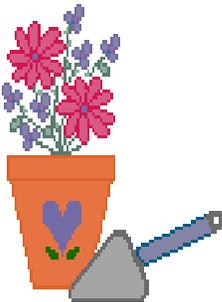
Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Job...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42								



"Let us constantly and at all times offer up to God a sacrifice of praise, which is the fruit of lips that thankfully acknowledge and confess and glorify His name."
Hebrews 13: 15

The Psalms...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110
111	112	113	114	115	116	117	118	119	120
121	122	123	124	125	126	127	128	129	130
131	132	133	134	135	136	137	138	139	140
141	142	143	144	145	146	147	148	149	150

"As for God, His way is perfect! The Word of the Lord is tested and tried; He is a shield to all those who take refuge and put their trust in Him. For who is God except for the Lord? Or who is the Rock save our God, the God Who girds me with strength and makes my way perfect? He makes my feet like hinds feet [able to stand firmly or make progress on the dangerous heights of testing and trouble; He sets me securely upon my high places."

Psalm 18: 30-33



Proverbs...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31									

Ecclesiastes...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12								

Song of Solomon...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8
---	---	---	---	---	---	---	---

Isaiah...

Color in each cube as you read through the chapter.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66				