

Cime Go Retreat!



Yest Retreat! I remember the day when I first found out that soldiers in the midst of battle retreat. Yes. Good soldiers, smack-dab in the middle of battle, raging battle retreat. I know that some of you may be thinking exactly what I was thinking when I first heard that. Do WHAT? Yes, beloved, good soldiers do retreat in the MIDST of battle They retreat for several reasons, but there are a few that tend to get my attention as think of Homeschooling my children.
I. Rest
2. Strategize
3. Re-supply for the battle
In the next few pages, take some time aside to RETREAT! Take time to pull apart, hear from the Lord, and get ready to gear back up for another big year!
Vome to Me, all you who labor and are heavy laden and overburdened, and I will cause you for REST. [I will ease and relieve and refresh your souls.]. Take my yoke upon you and learn of me, for I am gentle (meek) and humble (lowly) in heart, and you will find REST (relief and ease and refreshment and recreation and blessed quief) for your souls. For my yoke is wholesome (useful, good—not harsh, hard, sharp, or pressing, but comfortable, gracious, and pleasant), and My burden is light and easy to be borne. Matthew II: 28-30 (Amplified Bible) 2. Strategize

 Re-supply for the battle

 In the next few pages, take some time aside to RETREAT! Take time to pull apart, hear from the Lord, and get ready to gear back up for another big year!
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must win.

order to get rest. In turn, they are strengthened and empowered for the battle that they must win.
We are no different. In fact, I would say that the battle we face is much more important than any other battle on earth. We are battling for the family. Our battle will make a difference for all of eternity. We battle for the hearts of those we love so dearly. Not so much for their hearts to merely turn toward US, but for their hearts to be tender to our Lord, Whom they come to know better through our encouragement and ministry to them.
We are going to get tired and weary along the way in that battle. We are hit from outside and inside. When the hits are new and fresh, it is easy to pick up the armor to block those shots. However, as the battle continues long and hard and our impact begins to be noticed by the enemy, the hits get harder to block and to withstand because the enemy knows that the only way to defeat us is to get us to quit. The best thing for us at that time is not continuing where we can be annihilated, but to retreat, to rest. Oh, I am not talking about sleeping. Ouite to the contrary, I am talking about getting GOD'S REST! Rest for our weary soul. Rest that enables us to go back into battle as a formidable foe!
How about you? Are you in need of this rest?
Take a look at Matthew It 28-30...
*Come to Me, all you who labor and are heavy laden and overburdened, and I will cause you to REST. [I will ease and relieve and refresh your souls.] Take my yoke upon you and learn of me, for I am gentle (meek) and humble (lowly) in heart, and you will find REST (relief and ease and refreshment and recreation and blessed quiet) for your souls. For my yoke is wholesome (useful, good—not harsh, hard, sharp, or pressing, but comfortable, gracious, and pleasant), and My burden is light and easy to be borne." Matthew It 28-30 (Amplified Bible)

Want some of that rest? Kick back for a bit! Take Christ's yoke! What do you think the word 'yoke' really means? The word yoke means abligation or commitment. Jesus Christ has an obligation or commitment to you in all of the areas of your life, especially Homeschooling. Isn't that such wonderful news? That means the has a vested interest in every single area of your life He calls Himself the 'Author' and Finisher' (Completer) of the good work in your life However, He does not commit or obligate Himself to complete or finish what life does not begin, commit, or obligate Himself to in the first place. We must join with Him for His yoke if we want guaranteed success! What IS His Yoke? Go back to the passage above and write down the descriptions of Christ's yoke... Go back through the passage above and write down descriptions that describe another yoke that is not of Christ... Now... Do a 'yoke' check! How does your 'yoke' compare?

perfect Teacher. He lived His whole life doing the very thing that we are called to do. discipling. We can take this time to kick back a liftle bit and learn from the Master. We can take this time to learn of His methods. His ways. His approach and we will find rest for our weary souls. We can change our pace, so we can check out our 'yoke'. We can take this time to swap out all that is not Christ's yoke while grasping on to all that He wants for us! Are there things that are burdening you as you journey in this Homeschool Journey? List below (REALLYI) What can you do to 'get rid' of those things that burden? What can you 'try' that might just 'work' in your homeschool? Anything that you have been putting off?' Scared of Implementing? Today is the best time to try a few kleas that you are not 'sure' about. Maybe you are not foo sure about trying something new like Nature Studies, Liferature Based Learning totsbooking. Unit Studies, Creating Books, or Read Alouds. This is the time to give them a try. Your schedule is different anyway. You may find that the kleas work so well that you work in time to do those 'extras' that never seem to get done. You probably have a huge list just like I do. List a few of those things now...

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Spiritual Goals:	8
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Academic Goals:	8
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Financial Goals:	8
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Physical Goals:	8
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"And all your children shall be taught of the Lord	8
"And all your children shall be taught of the Lord and great shall be the peace of your children." Habakkuk 2: 2	8
"And all your children shall be taught of the Lord and great shall be the peace of your children." Habakkuk 2: 2	8
	8

My Personal Goals For Chis Month:
Discipleship Goals
My Daily Bible Reading Goal For This Month How Much Do I Need To Read Each Day to Meet My Goal? My Bible Study Goal For This Month
My Bible Memory Goal For This Month
Ways That I Can Apply My Church Sermons This Month
Ways That I Can I Worship God This Month
My Family Goals Ways I Would Like To Make Memories This Month
Areas That Would Draw Us Closer This Month
Daily Plan For Me and My Sweetheart To Pow-Wow
Daily Plan To Draw Closer to Each Child
Our Family's Greatest Prayer Needs This Month
Our Family's Greatest Prayer Needs This Month Ways We Can Minister To Others This Month:
How Did We Do Last Month
"Ye shall seek Me, and find Me, when ye shall search for Me with all your heart." Jeremiah 29:13 KJV

Looking at Chis Year
Martin Strate State State
As you plan out this year, take a look at what is going on in your family. What lies ahead this year?
Your Husband's Job?
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Your Family Changes?
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New Experiences?
88
VacationsTripsExtracurricular Involvements?
VacationsTripsExtracurricular Involvements?
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should be	list below fun topics for study throughout the year! I approached in advance than to wait until the last mi events that would be great to deep	nute. Also, jot down any books, resources, or
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April		
May		
June		
July		
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Strategies:

most of all, to take us to the end of our battle in victory!
Ha∨e you thought through God's Plan for your homeschool?
Describe what you are leaning toward?
Describe below your philosophy of education? How do you think your children learn best?
What are some ways that you can set up your day to ensure that your children learn best?
What are some methods that seemed to work nicely last year?
What are some methods and techniques that you would like to try this year to encourage
What are some methods and techniques that you would like to try this year to encourage

your little ones? How will you pull those ideas into your program this year? Take this time to pull back and find God's strategy for you. Find His plan. He wants to fully prepare you for battle. Let Him show you His options, His plan of attack. Learn of Him (Matthew It 28-30). His ways are as old as time. They work And best news you they are EASY1. Dig into God's word for His how-tos that are JUST FOR YOU! He is a wonderfind 'taskmaster' as He is gentle, kind, and refreshing. He cares about all of the details, even the preciousness of our children that is so often forgotten by so many wing for our attention. He wants for us to have the vary best education for our children, yet make the most of every moment with them. Pull back in the middle of your and vantage in your battle that will guarantee victory for you! More Thoughts...



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	"Perfect Sc	chool Day	000 99 ∬≈
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If you could plan your like? Describe it belov	day however you liked, w	/hat would your PERF	ECT Homeschool Day look
What can you do to Homeschool day ?	implement MORE of the t	things that could mak	ke EVERY day a perfect

	make EVERY
What are some things you plan to implement MORE of the things that could day a *perfect* Homeschool day?	
And a second and a s	
"Where your treasure is, there will your heart be also." Matthew 6: 2	21 KJV

	Our	Samily's	Vision
	2	a the second second	₩
	? Of all of t	the things you could	: will be THE THING that is remembered do in your life, what is that ONE THING YOU do as a family?
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How can you work your schedule for this year so that the most important things are really getting done?
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"Seek Ye First the Kingdom of God and His righteousness and all of these things shall be added unto you." Mathew 6:33
and all of these things shall be added unto you."
Watnew 6:33

Theme: Objectives: 1. 2. 3. 4. 5. Books: Field Trips: Videos/Audios:	Lesson Plans	
Theme: Objectives:		
1.		
2.		
3.		
4.		
5.		
Books:		
Field Trips:		
Videos/Audios:		
Games:		
Projects:		
Special Events:		

Today's Lessons and Activities	
Today's Lessons and Activities	
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My Reading Log	

	Resources for this Study.	
	List below resources that you plan to use for your study.	
pic	Resource	
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"The L	ord will indeed give what is good and our land will yield Psalm 85:12 NIV	its harvest."

Resources for this Study ...

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Resource	Ches Dean
8	List below resources that you would like buy for your family.
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3	"Every good and perfect gift is from above."

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Date I Began	Date   Finished	Title and Author	

	Our Homeschool Group
Include all	of your contact information about those in your local and state Homeschool group.
Name:	
Address:	
Home Phone:	Cell Phone;
Email:	
Name:	
Address:	
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Email:	
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(Keep in mind	times of the day that are least rushed? Things that frustrate the plans for the day? Times that naturally allow for those activities?)
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	" I planted the cood, but Cod made it grow"
	"I planted the seedbut God made it grow." 1 Corinthians 3:6 NIV

 My Daily Schedule	
"Education is an Atmosphere, a Discipline, a Life." Charlotte Mason	

Develop Your Own Plan for Easy Meals!

## By Cindy Rushton

Excerpted from Homeschooling The Easy Way Magazine! Want more great ideas? Check out our FREE subscription by email!

I guess that everyone of us have at least one area in which we may find ourselves a bit "challenged" from time to time. Well, I guess that you should know that MY area is: *cooking*!

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Hummm...I am fine as long as I am ONLY cooking...but just add any other responsibilities and my brain begins to overload. From the very beginning of our homeschool adventure, this is an area that I have found myself battling with TIME the most. It has been either homeschool and eat junk food...or eat well and have "snack" style lessons! As you can imagine neither solution manages a home well!

What to do? What to do? Well, I recommend EASY meals as you homeschool the EASY way! Talk about looking well to the ways 
of our household! We CAN do it! But, how? Here are some quick tips:

Cook in bulk. Actually I call my plan,
 "Serve and Store." The first years of homeschooling I had a home business of sewing for the public. I would sew one day, cook one day. On the sewing days, we would have leftovers from my cooking day. In other words, I would cook and SERVE on one day...and sew and eat the food that ve had STORED on the next day! It was a nice balance which enabled me to operate a

successful while 🥍 sewing business homeschooling and homemaking! From this, I developed a habit of cooking in bulk that ... has continued till today. It is easy to just buy double ingredients...usually it is cheaper! I just double my recipes and 🐌 freeze the extra dish. Yesterday, I had the "fruit" of my labors as we had Lasagna already prepared last week that only needed to be popped in the oven and served with our fresh bread. You can be :0 prepared at all times for those dropping in if you freeze a variety of foods as you ÷0 cook them! Bulk Cooking redeems the time so you can stay busy with the important things in life...relationships! .0

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- Make Your Own Freezer Meals. Same concept, except go ahead and put together a full meal on a microwave dish and freeze for those quick moments that you may need a full meal, but not have time to prepare the whole thing. OH! This also works nice for families with special diets, picky eaters, or even for those wanting to prepare meals for shut-ins or others needing a touch of ministry.
- Make Your Own Monthly Menu. I have a : very good friend that has THE BEST plan I have ever seen for planning out her

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menus. She has ONE monthly menu that she has put together. Everyone knows exactly what to expect for each day of the week for the whole month. Can you imagine how much stress this eleviates in her life—not to mention, how she is building a legacy in her home. Her children KNOW what to expect. Plus, they can easily help Mommy get the meals together, because they know what she does for each meal! Yep! I have decided to simplify my own plans to make things a bit easier in our home too. Not only does this save our BRAIN, but it also makes things so much easier for shopping (only ONE shopping list—she prepared hers on her computer ONCE and now only goes through checking off what she needs!) ... and storage (She only stores what they are eating regularly—she can buy in bulk, but she is not buying anything that is not used each and every week!!!!). See our section and forms included for your very own Monthly Menu Planner. Of course, you can choose any system that works for you!

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Don't forget EASY Meals! Probably everyone can benefit from this! One thing that has helped me for those inevitable tights that I face almost on a daily basis—at least for one meal—was when I developed a list of our favorite EASY foods. I try to keep all of the basic ingredients needed for these "guick meals." All I did to develop this was brainstorm through what we choose over and over again. Then, I grouped ours by mealtimes, although we LOVE eating a full breakfast with all of the goodiesbiscuits, scrambled eggs with cheese, sausage, ham, bacon, honey-for occasional evening meals! After that, I made a list of what I needed to be sure to keep on hand. Then, I posted the list on

the refrigerator and kept a copy in my 🧔 Meal Management Notebook. All we do now is look at the list, grab the ingredients and devour! EASY! Why not make your own list too? Here are a few of our favorites... ;0

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### Breakfast:

Muffins (my favorites are in Sue Gregg's Cookbooks) Smoothies! (we make ours full of fresh fruit, yogurt, and even a spoonful of flax seed—yummy AND nutritious!) Bagel/Cream Cheese/Fruit Cold Cereal (go Sam's!) • • Hot Cereal—grits, oatmeal, cream of wheat! EASY! Fruit and Yogurt! (LOVE strawberries and vanilla yogurt/blueberries and vanilla yogurt!) :0 French Toast (another goody that you can buy at Sam's and just warm up in the toaster!!!) Breakfast Quiche (there are SO many great recipes in cookbooks and on the web!) **Breakfast Burritos!** Pancakes (Sue Gregg's Blender Batter Pancake Recipe is the BEST in the world!!) Southern Breakfast-Eggs, Biscuits, Breakfast meat... Waffles! (Sue Gregg's waffle recipes are the BEST!) Granola (LOVE homemade!) Yogurt with Granola topping

#### Lunch...

Soup and Sandwich Hot Dogs/Chips Homemade Pizza (easy!) Super salad! Mix in grilled chicken leftover from dinner! Grilled Cheese/veggies and dip Bagel Bites (pizza!—Go Sam's!) Macaroni and Hamburger Quickie! Tacos Fruit Salad Soup and crackers